# Volunteer Role – Befriender



# Why we need you?

It's always good for residents to get to know new people and have others outside the care home they know they can connect with and share their interests with. Being a befriender is a wonderful opportunity to get to know residents and bond over your shared interests.

## What skills do you need?

- A caring and compassionate nature that is adaptable to individual needs
- A friendly, sociable, patient and caring manner
- Good verbal communication and listening skills
- Able to emphasise and build relationships with residents
- Offer wider social contact for our residents

# What will you be doing?

 You will spend time with our residents including dropping in for a coffee and a chat, reading the newspaper or gripping novel or offer assistance to participate in an activities programme.

#### **Time Commitment**

Time commitment will be a minimum of twice a month, dates to be agreed with Lifestyle Team Leader. Volunteers should be over 16+ years over and need to apply for a DBS disclosure.

# What support we will give you?

We will provide all training you need to feel confident in the role. Interacting with residents and the team will be available to give guidance and advice to you.

### What benefits do you gain?

- Experience in interacting with residents
- Opportunity to build self-confidence
- Motivation and sense of achievement
- Boost your art skills
- New experiences and meeting a diverse range of people
- Free DBS disclosure
- We provide polo shirts and badge and will pay reasonable travel expenses